



NEWSLETTER

Quarterly



Bahria University Health Sciences Campus Karachi

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Chief of Naval Staff Inaugurated New Dental College & Hospital Building

Bahria University proudly hosted the inauguration ceremony of the newly constructed building of Bahria University Dental College and Hospital at its Health Sciences Campus, Karachi. The Honorable Chief of the Naval Staff, Admiral Naveed Ashraf graced the occasion, along side Honorable Rector of Bahria University Vice Admiral (R) Asif Khaliq, as the Chief Guest and formally inaugurated the state-of-the-art facility. This landmark achievement marks a significant milestone in Bahria University's ongoing mission to provide quality education and advanced healthcare services to the nation. The ceremony was attended by senior officials of Pakistan Navy, along with distinguished members of the medical, dental, and allied health sciences community.



Vice Admiral Abid Hameed HI(M) Joins Bahria University as the New Rector

On 19th November 2025, Bahria University welcomed Vice Admiral Abid Hameed HI (M) as its new Honourable Rector, marking the commencement of a distinguished chapter of continued progress and academic excellence.

Commissioned into the Pakistan Navy in 1988, Vice Admiral Abid Hameed HI (M) brings with him an illustrious career marked by professional distinction and academic achievements. He is a graduate of the Pakistan Navy Engineering College (PNEC) Karachi, Pakistan Navy War College Lahore, and the National Defence University (NDU), Islamabad.

His professional credentials include specialization in Marine Engineering from PNEC and completion of the Systems Engineering & Management Course (Marine Engineering), SEMC (ME), from Manadon, UK. He further holds a Master's degree in Advance Metallurgy from the University of Sheffield, UK. His professional journey also reflects his deep commitment to education, having served as a faculty member at the Pakistan Navy Engineering College (PNEC), where he later held key leadership roles as Head of the Mechanical Department and subsequently as Dean of the College. With his vast experience, technical expertise, and leadership acumen, Bahria University looks forward to achieving new milestones under his guidance.



Prof. Dr. Shazia Shakoor Joins as the New Dean Health Sciences Bahria University

Dr. Shakoor holds an MBBS from Dow Medical College, an M.Phil. from JPMC, and a PhD in Physiology from the University of Karachi. A distinguished academician, she has served as a Senior Professor and Head of the Department of Physiology, contributing extensively to teaching, research and academic leadership.

Throughout her career, Dr. Shakoor has played a pivotal role in curriculum development, faculty mentoring, postgraduate supervision, and strengthening institutional research capacity. Her academic footprint includes numerous scholarly publications, leadership of key committees and active participation in national and international conferences and workshops.

As Dean, Dr. Shakoor aims to further elevate academic excellence, enhance research productivity and foster a supportive, collaborative learning environment for both faculty and students. Her vision emphasizes innovation in medical education, ethical scholarship and the holistic professional development of future healthcare leaders. We warmly welcome Dr. Shakoor to her new role and look forward to her continued leadership and commitment to excellence at BUMDC.



Cervical Cancer Prevention Drive

The Department of Obstetrics & Gynaecology, in collaboration with the Department of Community Health Sciences at Bahria University's Health Sciences Campus, Karachi, organised the Cervical Cancer Awareness and Prevention Seminar in September 2025 at Bahria College (12 September) and Beaconhouse School, Jubilee Campus, Karachi (23 September).

Led by Maj. Gen. Prof. Dr Shehla M. Baqai HI (M) (R), Dean of BUHSC-K and Principal of BUMC, along with a team of experts, held seminars aimed at educating and empowering young girls, teachers, and principals on cervical cancer prevention, early detection, and the significance of HPV vaccination.

Engaging over 500 participants through interactive discussions, these sessions demonstrated Bahria University Health Sciences' strong commitment to women's health, preventive education, and community well-being. The initiative was highly valued for promoting health awareness and inspiring advocacy and preventive education among future leaders.



BUHSCK Shines at Fazaia Medical College Anatomy Day 2025

Fazaia Medical College celebrated Anatomy Day on October 18, 2025, showcasing new developments in anatomical research and encouraging innovation among its students.

Dr. Huma Azmat, Senior Lecturer (Anatomy) from BUHSCK, attended under the guidance of Prof. Dr. Yasmeen Mahar and Senior Prof. Dr. Aisha Qamar, contributing valuable insights to the event.

The celebration reaffirmed the college's commitment to academic excellence and research-driven learning, while also strengthening BUHSCK's collaborative presence in advancing anatomical education and research.



Pinktober 2025: BUHSCK Leads Breast Cancer Awareness Event

On 24 October 2025, BUHSCK held a Breast Cancer Awareness Seminar at the Ibn-e-Sina Auditorium as part of Pinktober. An informative awareness session was led by Maj Gen Prof. Shehla M. Baqai HI(M)R, Principal, BUMC.

A multidisciplinary panel from PNS Shifa Hospital and BUHSCK representing Gynecology, Oncology, Surgery, Public Health, and Radiology shared expert perspectives on breast cancer prevention, early detection, and management.

The event concluded with closing remarks by Vice Admiral Ather Mukhtar HI(M) (R), DG BUHSCK, and a campus-wide Breast Cancer Awareness Walk, with enthusiastic participation from students, faculty, and staff.



BUHSC-K Shines at NUST Olympiad 2025 with Silver Medal Victory

Hafsa Azeem and Aqib Javed, students of 3rd Year DPT (Batch 7), had the distinguished honor of representing Bahria University Health Sciences Campus Karachi at the NUST Olympiad 2025, held from 6th to 9th November 2025. Demonstrating exceptional skill, determination, and teamwork, they achieved the Runner-Up position and proudly secured the Silver Medal for BUHSC-K.

This remarkable achievement reflects their unwavering perseverance, collaborative spirit, and deep passion for sports. The university community takes great pride in their success and acknowledges the support of their peers and mentors who contributed to making this journey memorable and inspiring.



BUCPT Success at National English Declamation Contest

We are delighted to share that Iqra Zahid, a 2nd Year DPT student, has secured the 3rd position in English at the All Pakistan Declamation Contest held at Cadet College Sanghar.

This outstanding achievement is a moment of great pride for both the Bahria University College of Physical Therapy (BUCPT) and Bahria University Health Sciences Campus Karachi (BUHSC). Her success reflects her dedication, confidence, and excellence in communication skills.



BUCPT Participation at World Congress of International Society of Physical & Rehabilitation Medicine at Morocco

Dr. Seyyada Tahniat Ali of BUCPT proudly presented her research paper titled "Physio Adventure: Gamified Therapy System for Cardiac Rehabilitation" at 19th World Congress of the International Society of Physical & Rehabilitation Medicine (ISPRM) held on 3-7 November, 2025 at Marrakesh, Morocco.



Pakistan Navy Nursing College Conducts BLS Training in Collaboration with Pakistan Life Saver Program

Pakistan Navy Nursing College (PNNC), in collaboration with the Pakistan Life Saver Program (PLSP), successfully conducted a Basic Life Support (BLS) Training Session on November 20, 2025, at Bahria University Health Sciences Campus, Karachi. The hands-on training equipped students with essential life-saving skills under the guidance of certified PLSP instructors.

Principal PNNC, Commander Rukhsana Yasmeen, appreciated the collaborative efforts and emphasized the importance of such trainings in developing competent and confident future nurses. The initiative reflects PNNC's continued commitment to excellence in nursing education and clinical preparedness.

