

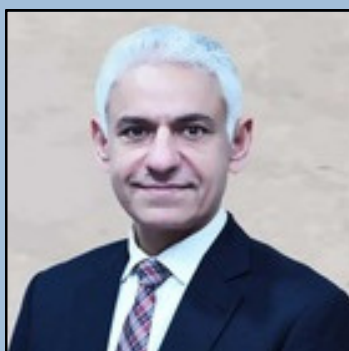
E-NEWSLETTER

Bahria University College of Medicine

BUHSCI

DECEMBER '25 VOL. 2 - NO. 2

CHANGE IN LEADERSHIP AT BUHSCI



Bahria University Health Sciences Campus Islamabad recently witnessed a transition in leadership with the completion of the tenure of Rear Admiral (R) Naeem Sarwar SI (M) as Director General Campus. His valuable contributions during the formative phase of the institution are gratefully acknowledged. The university warmly welcomes Rear Admiral Abdul Basit Butt HI (M) as the new Director General. In his message, he reaffirmed the university's commitment to academic excellence, ethical values, and service to humanity. He emphasized modern, standards-based medical education, strong clinical exposure, and research orientation. Special focus has been placed on the integration of Artificial Intelligence in healthcare education to prepare graduates for future challenges. Under his leadership, the campus looks forward to continued growth and academic distinction.



PATRON IN CHIEF:

Vice Admiral (R) Asif Khaliq HI(M), Rector, Bahria University Islamabad

PATRON:

Maj. Gen. (R) Prof. Dr. Shazia Nisar HI(M), Principal, BUCM

EDITOR:

Prof. Dr. Naila Abrar

MANAGING EDITORS:

Dr. M. Omar Mukhtar
Dr. Nimra Waqar
Dr. Shahab Ali

QAWWALI NIGHT AT BUCM



Qawwali Night at Bahria University College of Medicine (Naval Anchorage) Islamabad was an unforgettable evening of spiritual rhythm and cultural expression.

The event brought students, faculty, and guests together to celebrate the timeless art of Qawwali — where soulful melodies, heartfelt lyrics, and powerful performances created an atmosphere of devotion and unity. The night resonated with Sufi essence, highlighting the beauty of tradition and the strength of togetherness within the Bahria University community. It was more than a musical gathering — it was a celebration of culture, faith, and the shared spirit that binds us all.

A **Literary Wall** was installed at Bahria University College of Medicine to promote reading, creativity, and intellectual expression among students.



HOSPITAL VISITS



Students of Bahria University College of Medicine visited KRL Hospital and PNS Hafeez Hospital, both affiliated teaching hospitals of the college. The visits provided valuable clinical exposure and insight into hospital workflows, patient care, and multidisciplinary healthcare practices, enhancing students' practical learning experience.



Highlights of motivational talk on **Responsible Social media Usage in light of Seerah** by Islamic scholar Muhammed Asim Sheikh today at BUCM to celebrate the holy month of Rabi ul Awal



PRIME MINISTER'S LAPTOP SCHEME



Community Medicine Initiatives



The Department of Community Medicine & Public Health actively conducted and participated in multiple public health awareness initiatives, including Breast Cancer Awareness activities in collaboration with the Surgery Department, dengue awareness, and observance of World Diabetes Day, World Heart Day, and World Hepatitis Day, alongside community visits such as BHU Gagri. These activities extended beyond BUCM to outreach programs at Islamabad Chamber of Commerce and Bahria College Naval Anchorage, reflecting the department's strong commitment to preventive medicine and community engagement.



BRIDGING DISCIPLINES: DESIGNING AND CONDUCTING JOINT SESSIONS



The DHPE, in collaboration with HSA, organized a faculty development workshop titled “Bridging Disciplines: Designing and Conducting Joint Sessions” on 11 November 2025. The workshop focused on integrating foundational sciences with clinical relevance to promote holistic understanding and real-world application in medical education.

TABLE TENNIS TOURNAMENT 2025



A Table Tennis Tournament 2025 was held at Bahria University College of Medicine, featuring enthusiastic participation from both faculty members and students.

Black Day for Kashmir



STRATEGIES FOR EFFECTIVE BEDSIDE TEACHING by the OBGYN and DHPE departments



End Digital Violence Against All Women and Girls



BASIC LIFE SUPPORT TRAINING



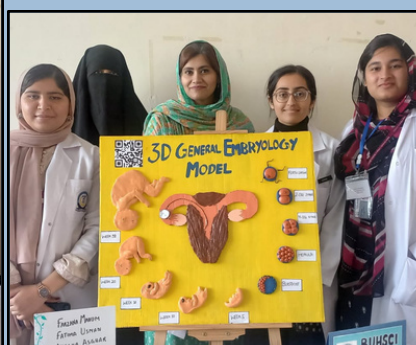
Another batch comprising BUCM faculty from PNS Hafeez and BUHSCI successfully completed the BLS training course. To enhance emergency preparedness, the Skills Lab and Department of Surgery launched the Basic Life Support (BLS) Training Workshop Program in January 2025, with multiple hands-on, simulation-based sessions equipping staff and students with the competence and confidence to save lives during cardiac emergencies.

The Department of Health Professions Education, BUCM has announced the launch of the **2nd batch of the AI-driven Certificate in Health Professions Education (CHPE)**, scheduled from January to June 2026. This six-month program aims to enhance teaching, assessment, curriculum design, and research skills among healthcare professionals through structured contact sessions and expert faculty.

World Anatomy Day 2025



World Mental Health Day was observed at Bahria University College of Medicine with an awareness session highlighting the importance of mental well-being. Prof. Mowadat Hussain Rana SI (M) delivered an inspiring interactive lecture on managing stress, time, and exam-related anxiety, while Principal Maj Gen (R) Shazia Nisar HI (M) graced the event and presented the chief guest with a shield.



RESEARCH IN FOCUS

Under the Research Cell, students actively presented their work at the International Research Conference 2025 (Fazaia Medical College, Air University) and the 1st National Research and Innovation Conference (King Edward Medical University, Lahore). In addition, multiple capacity-building workshops and expert sessions were conducted, covering SPSS, AI in healthcare and academia, grant writing and NRPB submissions, biomedical databases, journal categories, and access to the HEC Digital Library.



MASTERING EMOTIONAL INTELLIGENCE: SKILLS FOR SUCCESS

The Department of Gynecology & Obstetrics hosted a “Mastering Emotional Intelligence: Skills for Success” workshop on 9th December 2025, exclusively for BUCM faculty. The session highlighted practical strategies to enhance emotional awareness, resilience, and professional growth within the academic community.

