

E-NEWSLETTER

Bahria University College of Medicine

BUHSCI

JUNE '25 VOL. 2 – NO. 1

NEW BEGINNINGS



Our college successfully held the inaugural White Coat Ceremony for its pioneer batch of students. The event, filled with pride and promise, saw the young future doctors take the solemn Oath, committing to the ethics of medicine in the presence of their families and faculty. Following the Principal's closing remarks, the joyous gathering moved to the refreshments area, where students and their loved ones captured pictures to commemorate this momentous start to their professional journey.



PATRON IN CHEIF:

Vice Admiral (R) Asif Khaliq HI(M), Rector, Bahria University Islamabad

PATRON:

Maj. Gen. (R) Prof. Dr. Shazia Nisar HI(M), Principal, BUCM

EDITOR:

Prof. Dr. Naila Abrar

MANAGING EDITORS:

Dr. M. Omar Mukhtar
Dr. Nimra Waqar
Dr. Shahab Ali

FAREWELL TO AN ARCHITECT, WELCOME TO A VISIONARY



As we turn a new page, we extend a very warm welcome to our current Principal, Maj Gen (Retd) Prof Dr. Shazia Nisar, HI(M). With a distinguished background and formidable vision, there is no doubt that Gen. Shazia will continue to build upon this strong foundation, propelling BUHSCI to even greater heights. We look forward with excitement and confidence to a new era of academic excellence and institutional growth under her dynamic leadership.

The Bahria University Health Sciences Campus (BUHSCI), Islamabad, recently marked a significant transition in its leadership. We bid a heartfelt farewell to our pioneer Principal, Maj Gen (Retd) Prof Dr. Irfan Ali Mirza, HI(M), an architect whose dedication laid the very foundation of our institution. Gen. Irfan's tenure was characterized by sheer hard work and navigating the turbulent, yet critical, initial stages of the college. He masterfully steered the ship through challenging times, including the rigorous PMDC inspections and the successful arrival of our pioneer batch of students, securing our place on the medical education landscape. His unwavering commitment transformed a nascent idea into the robust college we know today.

SPORTS WEEK



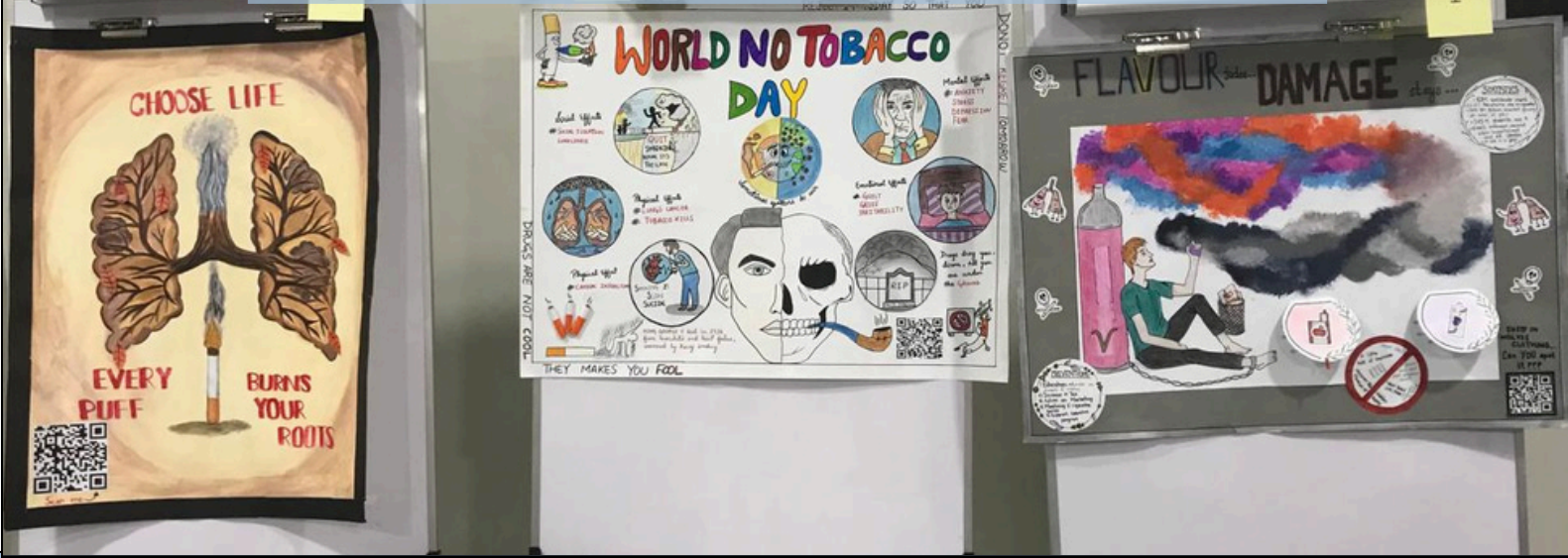
The campus roared to life for our annual Students Sports Week in last week of April, 2025, kicking off with a spirited Opening Ceremony that set the stage for fierce competition. Our students and faculty engaged in a massive schedule of events showcasing teamwork and skill.



No Backpack Day

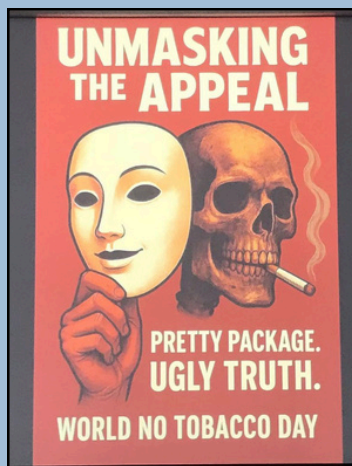


HEALTH, AND HEART: BUHSCI'S DAYS OF AWARENESS



Hand Hygiene: A Vital Lesson

Our campus observed a dedicated Hand Wash Day on June 27, 2025 to reinforce a critical health practice. The session effectively demonstrated the importance of proper hand hygiene in preventing the spread of illness. Participants learned and practiced the correct, step-by-step technique for washing hands.



Observing No Tobacco Day

Our college marked No Tobacco Day on May 30, 2025 with a focused awareness drive aimed at highlighting the severe health risks associated with tobacco use. The initiative featured educational activities and displays that emphasized the long-term benefits of a tobacco-free lifestyle.

Community Spirit: Charity Fund Drive

Our campus demonstrated incredible generosity through a dedicated Charity Fund Collection drive on April 18, 2025. Students and faculty wholeheartedly contributed to the cause, reinforcing our commitment to social responsibility.



WORLD HEALTH DAY EVENT AT SWEET HOMES, ISLAMABAD



Prof. Dr. Tahira Sadiq (Head of Community Medicine & Public Health) was invited as a Guest Speaker at the World Health Day event on April 20, 2025, at Sweet Homes, Islamabad. Addressing the theme of universal health, she emphasized equitable healthcare access and the crucial role of early health education and community interventions in building a fairer, healthier world for all.

CERTIFICATE OF HEALTH PROFESSIONALS EDUCATION



The AI-Driven Certificate in Health Professions Education (CHPE) at BUHSCI is a pioneering six-month hybrid program designed to transform healthcare educators. Blending Artificial Intelligence with modern educational practices, CHPE equips professionals to become leaders and innovators.

Highlights include learning to apply AI for curriculum design and personalized assessment and mastering innovative teaching methods like gamification. Taught by national and international experts, this certificate program features continuous assessment—with no final exams—and prepares graduates for significant professional impact in medical education.

CERVICAL CANCER AWARENESS WALK

In observance of Cervical Cancer Awareness Month, the Department of Obstetrics and Gynecology organized an Awareness Walk on January 22, 2025, at the BUCM Main Entrance. The event successfully promoted the vital role of early detection, screening, and HPV vaccination in preventing cervical cancer. Faculty and staff from various departments actively participated, carrying placards to share key messages and demonstrate a strong collective commitment to women's health. The department reaffirmed its dedication to ongoing awareness efforts, encouraging the community to prioritize prevention and education to save lives.



BASIC LIFE SUPPORT TRAINING



To enhance emergency preparedness, the Skills Lab and the Department of Surgery launched the Basic Life Support (BLS) Training Workshop Program in January 2025. Multiple hands-on, simulation-based sessions have since been conducted for all staff and students, successfully equipping the college community with the competence and confidence to save lives during cardiac emergencies.



The Department of Health Professions Education held a **PBL Training Session for Facilitators** led by Dr. Tahira Sadiq. The session successfully equipped faculty with the necessary skills and strategies to effectively guide Problem-Based Learning tutorials, promoting active, student-centered learning.



A **Research Mentors' Training Session** was successfully held on April 30, 2025, expertly led by Sr. Prof. Dr. Wafa Omer and Dr. Nesheman Huma. The session focused on strengthening effective mentoring practices and standardizing high-quality research guidance across the institution. Continuing this theme of dedicated skill development, the faculty left equipped with enhanced strategies to support groundbreaking student and professional research.



A dedicated workshop on **"AI Tools for Enhancing Medical Research Writing"** was successfully conducted on February 11, 2025. The session focused on utilizing cutting-edge applications like Elicit and Scholarly to streamline literature reviews, improve citation management, and significantly boost the efficiency and quality of faculty research output.



A hands-on Workshop on **"Statistical Analysis using SPSS"** was conducted on May 13, 2025. The session, led by Dr. Wajiha Saeed from the University of Haripur, provided participants with essential training in statistical software to directly enhance their ability to analyze data and interpret research findings.

BUCM Excels at International Research Conference

Bahria University College of Medicine (BUCM) actively participated in the 1st International Research Conference in Taxila on May 27, 2025. Led by Dr. Nesheman Huma, a team of students from the pioneer batch proudly presented nine research posters, earning appreciation for their diligence and academic excellence. The successful participation highlighted the institution's commitment to advancing medical science and global collaboration, marking the pioneer batch as the sole student group from BUCM to attend this prestigious international forum.



The Medical Education Department hosted a vital lecture by Dr. Nesheman Huma (Research Officer) on developing clear, specific Research Questions, Hypotheses, and Objectives. The session provided practical training, focusing on the SMART criteria to build a strong, systematic foundation for impactful medical studies.



PUBLICATIONS

1. Influence of open-top chambers induced climate warming on secondary metabolic profile of culturally and medicinally important plants of Himalaya, Karakoram and Hindukush
2. Hematological and biochemical parameters with different serological status in dengue patients.
3. Modified Bloom's Taxonomy: Perspective of a Doctor of Philosophy Scholar

FACULTY REPRESENTATION AT INTERNATIONAL DAY OF EDUCATION EVENT AT ISLAMABAD CLUB

Prof. Dr. Tahira Sadiq, Head of Community Medicine & Public Health, was invited as a Guest Speaker at the Lions Clubs "International Day of Education" event on January 24, 2025. She highlighted the pivotal role of education in shaping healthier, more equitable communities and emphasized integrating health awareness into all educational initiatives.

