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With Patriotism and Unity, BUHSCK Commemorates Pakistan's Independence Day



Pakistan's Independence Day on 14th August 2026 was commemorated at BUHSCK with pride and patriotic spirit. The celebration commenced with a solemn flag-hoisting ceremony led by the esteemed Acting DG BUHSCK Cdre (R) Ovais Hyder SI(M). The occasion was attended by principals, faculty members, students, alumni, and BUHSCK officers, whose collective participation underscored the significance of the day. The program featured vibrant performances, heartfelt speeches, soulful Milli Naghmas, and a symbolic cake cutting ceremony, which added a festive spirit and brought the BUHSCK community together in a memorable celebration of Pakistan's independence.

Celebration of World Kidney Day 2026 at BUHSCK

World Kidney Day was celebrated on 9 April 2026 at Ibn-e-Sina Auditorium, Bahria University of Health Sciences, Karachi Campus. The event was organized by the Department of Medicine, Bahria University Medical College, in collaboration with the Pakistan Society of Physicians (Karachi Chapter). The program began with a welcome address by the Dean, Prof. Dr. Shazia Shakoor. Remarks were also delivered by Major General (R) Prof. Dr. Shehla Baqai, Principal BUMC highlighting the importance of kidney health, particularly in women and pregnancy.

The academic session featured a distinguished panel of experts, including Prof. Dr. Waqar Kazmi, Prof. Dr. M. H. Osmani, Prof. Dr. Manan Junejo, and Prof. Dr. Khurram Daniyal; Prof. Dr. M. Ishaq; and Prof. Dr. Qaiser Jamal, Brig. (R) Prof. Dr. Pervaiz Asghar, and Dr. Riaz-ul-Hasan, who emphasized the vital role of physicians in early detection and management of kidney disease. The session was moderated by Dr. Zainab Fakhar and Dr. Pardeep.

A poster competition was also organized, encouraging student participation and research engagement. The event concluded with remarks by Director General Vice Admiral Ather Mukhtiar, who appreciated the efforts of the Department of Medicine in organizing this important academic and awareness activity. A Kidney Walk was organized to promote awareness regarding kidney health, followed by shield distribution to the panelists and organizers in recognition of their valuable contributions. The celebration concluded with a cake-cutting ceremony held at the Faculty Lounge after the program.



Celebrating Excellence: Certificate Distribution Ceremony at BUHSC

The Certificate Distribution Ceremony was held on 2 July 2026 at Bahria University Health Sciences Campus (BUHSC), Karachi, in the esteemed presence of the Honorable Rector, Director General, Dean, Principals, Heads of Departments, and faculty members to recognize outstanding academic, research, and student achievements.

The ceremony commenced with a presentation by Dr. Khalid Aziz, Principal, Bahria University College of Physical Therapy (BUCPT), highlighting the College's academic excellence, research accomplishments, and institutional progress. Dr. Hajra Ameer Shaikh, Assistant Professor, BUCPT, was honored with the Highest X-Category Publication Award 2025 for her exceptional research contributions. Ms. Alishba Eman, a fourth-year Doctor of Physical Therapy (DPT) student, received a Letter of Appreciation in recognition of her international achievement as the Youngest Female Author, acknowledged by the World Record Certification Agency (WRCA), London. The ceremony concluded by celebrating the remarkable achievements of the awardees, reflecting Bahria University's enduring commitment to excellence in education, research, and innovation.



Student Research Conference at BUHSCK

Bahria University Health Sciences Campus Karachi proudly hosted its first-ever student-led research conference, the Bahria Student Research Conference (BSRC) 2026, from 18th–20th August 2026. The three-day event featured four pre-conference workshops followed by a dynamic main conference day comprising of guest speaker sessions, oral and poster presentations, and a panellist discussion by the Alumni of our very own institute. Of over 100 abstracts submitted, ten were selected for oral and thirty for poster presentation. Overwhelming response was received with more than 500 participants from 50+ institutes across 30+ cities of Pakistan. The conference was made possible under the leadership of Director General Athar Mukhtar HI(M) & support of Dean Prof. Dr. Shazia Shakoar. Marked by meticulous planning and warm hospitality, BSRC 2026 concluded with an award and closing ceremony, setting a new benchmark for student-led academic events at Bahria University Health Sciences Campus Karachi.



ENT Department Conducted Live Head & Neck Surgery Workshop

The ENT Department recently marked a significant milestone by hosting its first-ever live Head & Neck Surgery workshop. This pivotal educational opportunity garnered enthusiastic participation from key figures within the medical community. Commandant PNS Shifa Fowad Khurshid Imami and HEC Sindh president Prof. Dr. Tariq Rafi graced the event with their presence. Live surgical demonstration and subsequent lecture offered invaluable insights into cutting-edge neck dissection techniques, significantly enhancing the attendees' understanding of this complex procedure. The event fostered a rich learning environment and underscored the ENT department's unwavering commitment to advancing medical knowledge and practice.



Breastfeeding for A Sustainable Start in Life: Strengthen What Works

The Department of Obstetrics & Gynaecology, Bahria University Medical College (BUMC), Bahria University Health Sciences Campus Karachi (BUHSC), in collaboration with Medical Women Association Pakistan (MWAP) and Society of Obstetrics and Gynaecology Pakistan (SOGP), successfully organized a seminar on “Breastfeeding for a Sustainable Start in Life: Strengthen What Works” on 13 August 2026. The event brought together distinguished experts, faculty, students and healthcare professionals to promote evidence-based breastfeeding practices and stronger institutional support. Major General Professor Shehla Baqai, Principal BUMC, delivered the keynote on promoting, supporting and protecting breastfeeding, while Professor Khalid Shafi (Member, Breastfeeding Implementation Committee, Sindh) addressed breastfeeding policy and legislation. A high-powered panel, moderated by Senior Lecturer Shagufta Naseer, featured renowned experts including Prof. Danish Siddiqui (Chair, OBGYN, AKU), Prof. Sadia Pal (AMAN), Dr. Azra Ahsan (NCMNH), Prof. Razia Korejo (Former President, SOGP), Prof. Khalid Shafi (NiTAG, WHO-TAG). The seminar further engaged students through an impactful drama performance and advocacy placards, highlighting early initiation, skin-to-skin contact, family support, professional counselling, and institutional responsibility in strengthening breastfeeding practices.

