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Bahria University
Discovering Knowledge

BUgle
Newsletter

There is no power on earth that can undo Pakistan
Quaid e Azam Muhammad Ali Jinnah

What's Inside

Cover Story 01

Islamabad Campus 07

Head Office 03

Medical & Dental College 16

Lahore Campus 11

Karachi Campus 14

Library 23

Institute of Professional Psychology 18

National Centre For Maritime Policy Research 22

Alumni Success Stories 25

Scholarships FY 2015-2016 24

Editor
Syed Ghulam Raza
rsayed.ncmpr@bahria.edu.pk

Designed & Printed by:
Syed Shariq Rais
facebook.com/adworldpk

Editor's Note

Dear Readers,

Welcome to the latest issue of 'Bugle'

Bahria University has proved itself to be a seat of learning which caters the needs of this modern age. This institution provides the students with opportunities to explore the new avenues of intellect and a vision of national service. Students of BU have always demonstrated their abilities to utilize these opportunities to achieve the best in their academic career. Bahria University acknowledges the hard work and enthusiastic behavior of its students for their future endeavors.

Bugle covers the celebrations of 69th Independence Day of Pakistan, in all campuses of Bahria University as the main story for this issue. This is the day of great pleasure for every Pakistani in general and every individual of Bahria University in particular. At this stage we all pledge to serve this nation with hard work and honesty.

We are hopeful that you would enjoy reading this issue and we would appreciate your feedback for the success of this enterprise.

We may be reached on bugle.bukc@bahria.edu.pk

Ghulam Raza

Karachi Campus:
13,National Stadium Road,
Karachi-Pakistan.
Tel:0092-21-99240002,48503080
Fax:0092-21-99240351
UAN:0092-21-111-111-028
Email:director@bimcs.edu.pk

Islamabad Campus:
Shangrilla Road, Sector E-8,
Islamabad-Pakistan.
Tel:0092-51-9260002
Fax:0092-51-9260885
UAN:0092-51-111-111-028
Email:director@bui.edu.pk

Lahore Campus:
47-C, Johar Town,
Lahore-Pakistan
Tel:0092-42-35401408-15
Email:director.bulc@bahria.edu.pk

facebook.com/officialBU

BU Medical & Dental College:
Adjacent to PNS SHIFA,
DHA Phase-II, Karachi
Tel:0092-21-9204685-88
Email:info.bumdc@bahria.edu.pk

twitter.com/official_bu

Independence Day Celebrations at BU

Bahria University Head Office enlightened with national flag colours

Bahria University celebrated Pakistan Independence Day with commemorative ceremonies at BU Islamabad, Karachi and Lahore Campuses with National zeal. To mark the momentous occasion, campuses were decorated with National Flags, illuminations, posters and banners for the National Day festivities. Events started with special prayers for the progress and prosperity of the country and nation followed by patriotic speeches, National songs, flag hoisting and cake cutting ceremonies. The Management, Faculty Members, Staff and Students actively participated in events and expressed their jubilation. Earlier a social event was also organized for the kids of nearby villages of Islamabad to bring awareness and enlighten children about Homeland as part of BU Community Support Program.

Independence Day (BUIC)

Cake cutting ceremony at Islamabad Campus to mark Independence Day

14th August is not just a national day but it is a day of celebrating the independence which our forefathers got after sacrificing their lives and wealth. On 14th August 2016, The Independence Day celebrations were started with the flag hoisting ceremony with the complimentary national anthem followed by the recitation of Holy Quran. The Director Campus Islamabad Commodore (R) Syed Hassan Mustafa shared his thoughts with the faculty and administration to express his views and passion to make Pakistan a more progressive country. The DG Campus cut the Independence Day Cake to celebrate the 69 years of Independence. Bahria University believes that the independence was celebrated to cherish freedom of thought, the freedom of speech and the freedom to breathe in an independent state which ensures the equality among their citizens.

Independence Day Celebrations at BULC

Independence Day Celebrations at Lahore Campus

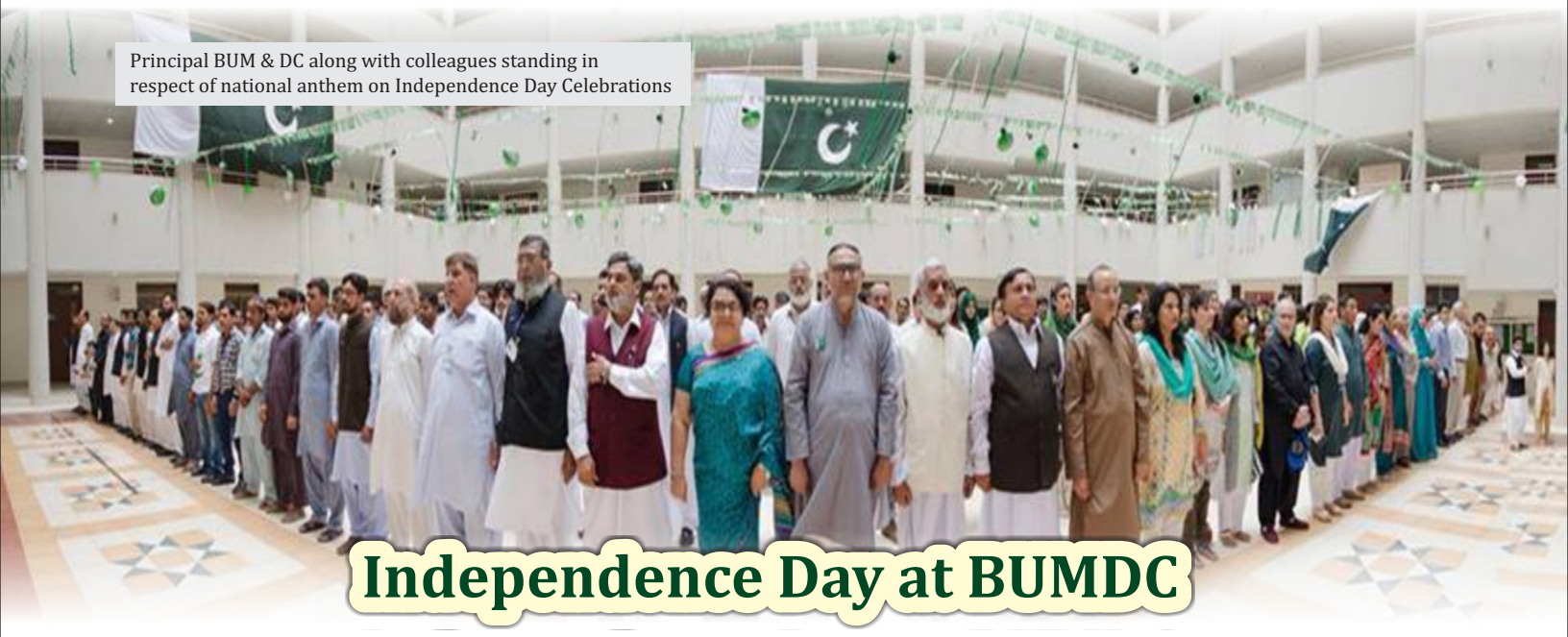
Independence Day was celebrated in all its spirit at Bahria University Lahore Campus on 14th August 2016 in which all the faculty and staff participated. The event commenced with flag hoisting ceremony. Director Campus Cdre (Retd.) M Amjad Zaman SI(M) hoisted the flag followed by standing in honor of the national anthem. A special cake made in the shape of Pakistan's Flag was cut to honor the day. Light refreshments were served to the faculty and staff afterwards. The event was a reminder of the importance of independence that we enjoy and the sacrifices of our ancestors made for it. Director Campus and all the faculty and staff renewed their promise to value the Independence and serve the country in every possible way.

Celebration of 69th Independence Day

DG Karachi Campus cutting cake on Independence Day with children dressed in flag colours

On the auspicious occasion of 69th Independence Day of Pakistan, Bahria University Karachi Campus convened Flag Hoisting Ceremony. The ceremony was attended by a large crowd comprising of Staff, Faculty members, management and students of the university. Director General Bahria University Karachi Campus Vice Admiral (R) Khawaja Ghazanfar Hussain HI(M) graced the ceremony with his presence as the chief guest. Director Karachi Campus, Commodore (R) Mohsin Hayat Malik TI(M) addressed the gathering. National Flag was hoisted by the chief guest. The Faculty Members and Students actively participated in the event and expressed jubilation through national songs and patriotic speeches. The ceremony closed with a Cake cutting ceremony.

Flags being hoisted by officers, faculty members and staff at BUKC



Principal BUM & DC along with colleagues standing in respect of national anthem on Independence Day Celebrations

Independence Day at BUMDC

Bahria University Medical & Dental College (BUMDC) celebrated 69th Independence Day with patriotic passion and enthusiasm. The auspicious ceremony started with hoisting of national flag by Director General BUMDC, Vice Admiral (Retd) Tahseen ullah Khan HI (M), Brig (Retd) Prof Dr Shaheen Moin Principal BUMDC , Prof Dr Zubair Ahmed Abassi Principal Dental Section. All faculty, staff members and students participated in the event with full zeal and zest. They expressed their patriotism by wearing Pakistani flag badges and singing national songs. The ceremony ended with cake cutting followed by refreshments.

Rector Bahria University Visit to United Kingdom

Rector Bahria University, Vice Admiral (Retd) Tanveer Faiz HI(M), travelled to UK on an official visit for an Overseas Leadership Programme for Pakistan University Vice-Chancellors, led by British Council and Higher Education Commission of Pakistan from 24th May – 1st June, 2016. The purpose of the visit was to learn the leadership styles being adopted in selected universities of UK. In addition the visit gave an opportunity to BU to strengthen its international linkages with the academic institutes that were covered during this visit.

Summer School in Amsterdam for the Students of Management Sciences

A group of eight students from Bahria University went to Amsterdam, Netherlands, to attend the summer school on "European Business Skills", organized by the HvA Amsterdam University of Applied Sciences from 1st July – 16th July, 2016. The group comprised seven students from Islamabad Campus and one form Karachi Campus. The programme allowed students to learn about different European nations and their business models along with orientation about their cultures. The BU students during their stay visited Brussels, Belgium, and had the opportunity to visit the European Parliament and interview some of the members. Overall it was a great learning experience for all the students who found it an activity both academically and socially beneficial at an international level.

Group photo of Summer School participants at Amsterdam, Netherlands

Summer Internship Program at AIMST University Malaysia

A group of five students from Bahria University went AIMST University, Malaysia for an internship opportunity in their related field. The internship at AIMST University provided the students of BU a real world international working experience. Not only the students had a real world international experience but the students came across with students from Japan, South Korea, Sri Lanka & Philippines. Two students from Islamabad Campus and Two from Karachi Campus went for a two month internship programme from 18th June – 14th August, 2016 while one student from Karachi Campus went on a one month internship programme from 16th July – 14th August, 2016.

Dean ES Visits UK for the Leadership Training Program at Glasgow University

Dr. Muhammad Najam-ul-Islam went on a Leadership Training Program at Glasgow University, UK from 8th – 17th August, 2016 sponsored by HEC and British Council. Following training/ workshops were covered during the visit:

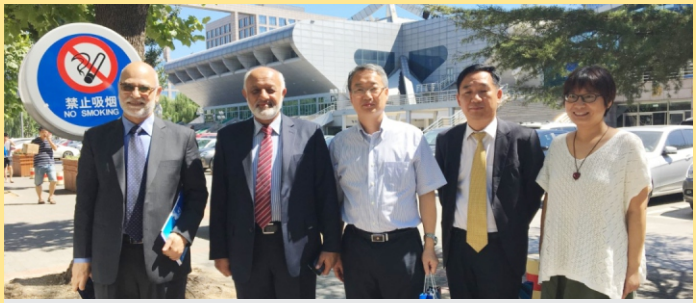
Dr. Najam-ul-Islam receiving award on completion of training

- Overview of Higher Education in the UK
- Setting and realising the strategic vision
- Quality assurance and academic governance
- Strategic Leadership & Transformational Change
- Enhancing the student experience

BU delegation visits Thailand & China

Bahria University delegation headed by honorable Rector Vice Admiral (Retd) Tanveer Faiz HI(M) accompanied by Registrar Rear Admiral (Retd) Shahid Saeed and AD (FCP) Mr. Demiral Ikram, visited Thailand & China from 20 – 28th August, 2016:

MOU Signing ceremony at BTBU Beijing, China



Rector and Registrar with members of international delegation

The purpose of this visit was to establish academic/ international collaborations with following Universities:

S.No	University Name	Region
a.	Burapha University	Bang Saen, Thailand
b.	Shanghai Lixin University of Commerce	Shanghai, China
c.	Beihang University	Beijing, China
d.	Beijing Technology & Business University	Beijing, China

During the visit two MoUs were signed with Burapha University, Thailand and Beijing Technology and Business University, China.

Workshop for BU Faculty

Dr. Hammad presenting his talk on "Knowledge and Innovation: The New Paradigms"

Dr. Tehmina Hammad, Faculty of Education, University of Cambridge and Dr. Hammad Akbar Senior Lecturer in Management from University of Liverpool visited Bahria University on 2nd August, 2016. During the visit they met the Registrar and other higher officials of BU and conducted a workshop for the BU faculty on 2nd August, 2016 on the following topics. Dr. Tehmina delivered a talk on "Philosophical approaches to Education" while Dr. Hammad talked about "Knowledge and Innovation: The New Paradigms".

Training Workshop on
"Eidetic Therapy for Trauma" *concluded at BUIC*

Department of Professional Psychology, Bahria University Islamabad in collaboration with Eidetic Psychology Solutions, Ireland organized a six days Professional Training Workshop on "Eidetic Therapy for Trauma". This training was aimed to train therapists as Bahria University plans to set up Trauma Centre for psychological treatment of patients. The Resource Person for the workshop Dr. Akhtar Ali Syed, Principal Clinical Psychologist, at Brothers of Charity Services' in Waterford, Ireland, played vital role in introducing Eidetic Psychotherapy in Pakistan. Coupled with this he has created a new model which he calls the "Eidetic Model of Growth" ("EMG") for people with Intellectual Disability ("ID") and now it is part of the organizational policies. This workshop was attended by renowned Psychology professionals and professors including Prof. Dr Jahanzeb Khan President Pakistan Psychological Association (PPA), Surg. Rear Admiral Najam us Saqib Tb.T DGMS (N), Dr. Jamil Asghar, Mr. Imran Nazir, Prof. Dr Zainab, Mr. Farnood Alam and Dr. Naima.

Rector Bahria University Presenting Souvenir to Dr. Akhar Ali

At the concluding session of workshop, Rector Bahria University Vice Admiral Tanveer Faiz HI (M) said that "this training workshop will be very useful for the students and professionals of psychology because it provides an opportunity to understand the theoretical principles along with therapeutic techniques". Bahria University plans that such workshops will be conducted in future also for professional grooming of the psychology practitioners and students". At the end Rector gave the vote of thanks to distinguished guests, participant for their interest in the workshop and also distributed certificates among the participants and resource person of training.

Rector, Registrar and Dr. Akhtar Ali Syed group photo with workshop participants

Professional Short Courses
At Bahria University Islamabad

Bahria University established Leadership Development Center (LDC) with the mission of "Transforming Young People and Professionals into Leaders". With this aim Bahria University is conducting short courses, trainings and workshops for professionals, faculty and students to improve the technical, managerial, academic and personal skills in a vast array of disciplines. LDC has facilitated the young people & professionals to mold themselves into skilled leaders in their respective fields.

Since mid-July thirty courses and trainings have been conducted at BU Islamabad, Karachi, Lahore campuses and constituent units. These trainings were comprised of communication skills, different computer programs, Eidetic Therapy for Trauma, Data Analysis using Quantitative Data Analysis with SPSS, Advance variance Based predictive Analysis, Certified Practitioner of Neuro-Linguistic Programming, Women's matrimonial Rights, Case Study Writing & Case Base Study, PLC-Automation training Microprocessor and Embedded Application, Financial Modeling, GIS Solution for Engineer and Scientist, Training of Oil Industry, Training for Cisco Certification (CCNA), ASP.Net with MS SQL Server, Basic Counseling Assessment Skills for emerging Mental Health Practitioners.

A new set of courses will also be launched in October. These courses will facilitate students and professionals for further strengthen their skills. Bahria University envisages increased mutually beneficial engagement with its partners and stakeholders.

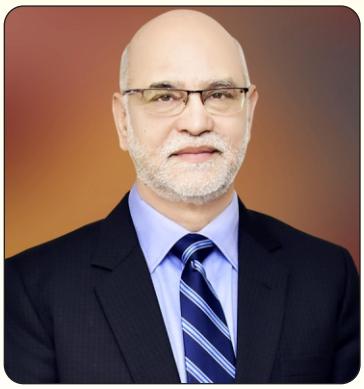
Farewell Ceremony for Outgoing Pro Rector

Rector BU presenting souvenir to outgoing Pro RectorBahria University arranged a farewell gathering in honour of outgoing Pro Rector Rear Admiral (Retd) Saleem Akhtar HI (M) at Head Office. The ceremony was presided over by honourable Rector Bahria University Vice Admiral (Retd) Tanveer Faiz HI (M) and attended by officers of Bahria University Islamabad. During the ceremony officers paid tribute to Rear Admiral (Retd) Saleem Akhtar and eulogized his services for this institution. At the end of the ceremony Vice Admiral (Retd) Tanveer Faiz presented farewell souvenir to outgoing Pro Rector.

Rector BU presenting souvenir to outgoing Pro Rector

Rear Admiral (Retd)

Shahid Saeed HI (M) *has been appointed as new BU Pro Rector and DG BUIC*



Rear Admiral (Retd) Shahid Saeed HI (M) has been appointed as new BU Pro Rector and DG Islamabad Campus. He had a distinguished professional career in Pakistan Navy and held important appointments which provided him tremendous exposure in management, staff, training and education. He graduated from IBA Karachi, NED University Karachi and National Defence University Islamabad. During his career he has undergone number of courses both inland and abroad. In his welcome address, Rear Admiral (Retd) Shahid Saeed HI (M) said that "I feel extremely fortunate to be part of a culture focused on student achievement, commitment to high performance and teamwork. It is my utmost intention to carry on these important traditions and practices, while helping to create a warm, caring, and conducive environment where our students have the opportunity to achieve their highest potential".

Directors, Officers and staff of Bahria University extend their best wishes to Rear Admiral (Retd) Shahid Saeed HI (M) for his allegiance of dispensing Excellence in Higher Education.

Appointment of Advisor/ Consultant

Dr. David Rowland

on Pedagogical Innovation

Bahria University has hired an honorary appointment to Dr. David L. Rowland, Executive Director of the Office of Institutional Innovation at Valparaiso University, Indiana, USA as advisor/Consultant on Pedagogical Innovation. The general Scope of the work includes:

a) Organizing training for BU faculty/ staff in Pedagogical Innovation to allow them to learn about changing trends and innovations taking place in the academic world to enhance students learning experience.
b) Participation and organization of conferences/ seminars related to pedagogical innovation.
c) Guidance to the academic staff and University management regarding implementation of innovative pedagogies, within the context of Bahria University.
d) Conducting guest lectures and workshops on topics relevant to pedagogical innovation or other.
e) Any other work mutually agreed between you and the University.

A Talk On

Dr. Azhar Ahmad, Head of department Humanities and Social Sciences delivered a talk on "Exclusive Economic Zone: Opportunities, Challenges and Strategies" at Institute of Policy Studies on 10 August, 2016. The talk was attended by a large number of foreign and local intellectuals, scholars and government officials.

Dr. Azhar Ahmed presenting his talk

Course on "Spoken English"

Humanities and Social Sciences department arranged a short course titled "Spoken English" from 28 July to 24 August 2016. The course was basically focused on the communication skills of students and encouraged them to speak. The course was appreciated by the participants and they wished to attend such courses in future.

MOU between H&SS and ISSI

MOU Signing Ceremony

` Humanities and Social Sciences department arranged an MOU between BU and ISSI. The MOU was signed by Pro-Rector BU and Chairman (BOG) ISSI on 25 August, 2016. Directors and HODs from Bahria University and Senior researchers from ISSI participated in the ceremony.

Pro-Rector BU and Chairman ISSI in group photo

Iftar Drive with Feed the World

Month of Ramadan provides an opportunity to participate in charitable initiatives and a time for the Muslims to show unity to help the needy. There are many people who are in dire need of basic necessities of life such as food. Realizing the responsibility BU Islamabad in collaboration with an NGO Feed the World, arranged an Iftar drive on 28th June, 2016 at G-9, Peshawar to help the needy people and 500 persons were served with food stuff. They prepared 500 Iftar boxes and distributed them to people. About 5 volunteers from BU gathered to donate, participate and distribute Iftar packs to needy people who had to reach their homes back for Iftar. The event was a success and it became a source of happiness for many needy people.

"Lettuce Bee Kids Literacy V" & BUIC

Keeping up with its tradition of being involved in community work, Bahria University Islamabad collaborated with Lettuce Bee Kids to educate street children in summer vacations of 2016. Lettuce Bee Kids, an organization with an aim to educate the street children, has been working with Bahria University since 2012. This was their fifth program, titled "Lettuce Bee Kids Literacy V", with an objective to educate the street children of Islamabad by giving them the right education, skills and grooming they deserve.

Students of Bahria University teaching in "Educating Street Children" drive

The orientation session of the Lettuce Bee Kids Literacy Program 2016 was held on 23rd June, 2016 in LT-2. It was attended by students from the Electrical Engineering Department volunteered for the program for the completion of their mandatory 40 CSP hours.

Group photo at degree roll awarding ceremony

This was a six week extended drive to educate children from underprivileged class of our society. First week began with introductory class for defining the objectives of this venture. During first five weeks of the program children were taught geometric shapes, colors, mathematics, basic science, grammar and drawings. In addition to this they were trained in communication skills and presentation techniques. Coupled with this students were given different assignments for improving the speech and learning skills. Children dramatized the life of underprivileged area of Islamabad to show the miseries of life they are experiencing.

The sixth week focused on preparations of Independence Day and the volunteers from BU actively participated to put up a successful show for the children of Lettuce Bee Kids. Children were very much enthusiastic and active in decorating the campus with flags and balloons. Every child was happy to have a flag in his hand and chanting slogans in favor of motherland Pakistan. DG BUIC and Director graced the closing ceremony with their presence, held on 23rd August, 2016. BUIC students and children were awarded certificates and degree roll respectively.

Khanpur Dam Visit

DG Islamabad campus with faculty members and staff on Khanpur Dam Visit

On 26th July, 2016 the DG Campus, Faculty, and Administration of BUIC had a visit to Khanpur Dam. Spending the day at such an entertaining resort catered for interactions amongst all in a friendly and healthy environment outside of the organization. They utilized their time in healthy activities like playing anarchy, Jet Ski boating and gun shooting followed by Barbeque for lunch. All in all an activity filled trip that was appreciated and enjoyed by everyone.

Collaboration of Bahria University with Shirakat

Resource Person presenting her talk at training workshop

To complete the CSP of BBA-A students, SSC assigned the class BBA-3 A with the organization Shirakat to participate in their project "Collaboration for change: transforming lives and minds for equal citizenship". The purpose this 3-days training was to build capacity of students and provide the opportunity to implement their learning in 8 days camps in the schools of Islamabad. On 3rd May, 2016 students voluntarily got registered for this project and the focal persons from Shirakat conducted an orientation session in the Presentation Hall at BUIC. After that orientation, interviews were held on 9th June, 2016 Islamabad campus and 13 students were shortlisted by Shirakat to participate in the program.

Followed by the shortlisting process two days capacity building trainings were arranged for the selected students from 20th-21st July, 2016 at Bahria University Islamabad Campus. Students were briefed about the program and they were assigned different tasks, exercises, activities on leadership, communication skills and followed by mind games to relieve the stress of whole activities. Every group was given a chance to think and work on their capabilities which was a very good learning experience for the students.

The training was successful enough to improve the skills of communication, leadership, learning and team work. This training helped the students helped in building their self confidence and self-esteem. The students were pleased for their participation in this training and said that it was a very good learning experience.

Open Day

Bahria University Islamabad hosted its Open Day on 5th June, 2016 for Admissions of Fall, 2016. Understanding the difficulties of secondary school students, Bahria University extended its assistance for their career aspirations and educational path. On this day students and parents were warmly welcomed by University and briefed on the scope of programs offered at Islamabad campus. Participants of the day were provided advice and guidance service for Undergraduate and post graduate programs. This day long activity started at 09:00Hrs and went up to 16:00Hrs in evening. A guided tour of the campus was also arranged on same day. Students and parents expressed their interest in event and praised the Bahria University's efforts for proper career guidance.

Bahria University Orientation Fall 2016

DG Islamabad campus addressing at Orientation session

Bahria University Islamabad conducted an orientation for the newcomers in Fall 2016 Semester. The orientation session was conducted in the auditorium. Director General and Director Islamabad campus greeted new students of all departments through a welcome speech. It was asserted that although the studies here will be tough but the experience at Bahria University will be a memorable one. Furthermore the session progressed with Deputy Directors and officers giving speeches regarding their respective departments as they explained the students with the rules regulations, facilities, hierarchy and culture of Bahria University. Students engaged in networking activities over refreshments before proceeding towards their departmental orientations.

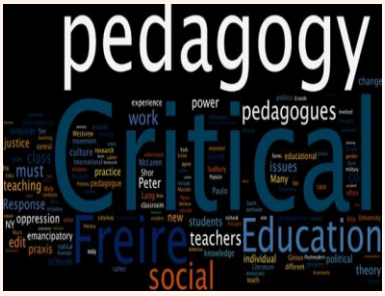
Youth Development Program 2016

The Arts and Dramatics Club of Bahria University Islamabad participated in Youth Development Program 2016 on 15th August, which was organized in collaboration with German Embassy at Grand Ambassador Hotel, Islamabad. The Arts and Dramatics team performed in a theatre play which was based on the role of youth in the development and progress of the country. The drama script was written and directed by Student of BBA Suleman Tariq based on the theme given by Youth Development Program following their screening and selection process. The event gave our students a chance to exhibit their talent on a public platform with international opportunities. The participants thoroughly enjoyed their performance as the audience significantly appreciated it as well.

Theatre Play by BUIC students

Guest Lecture on "Critical Pedagogies"

Department of Humanities and Social Sciences, BUIC arranges guest lecture on regular basis for the capacity building for their Faculty and Students. Under this domain, Professor Dr. Masood Ashraf Raja from University of North Texas, USA was invited to deliver a lecture on "Critical Pedagogies" on 08 June, 2016. This was attended by the Pro-rector, Director Campus, HOD of H&SS, Faculty members and large number of students. During the session, the speaker briefed about how thinking minds can be created in the society. He also imparted knowledge regarding how the lectures delivered to students can be responsive and focused on changing the traditional methods of teaching. The lecture generated healthy and productive discussion.



"Gwadar: Balance in Transition"

A book titled "GWADAR: BALANCE IN TRANSITION" authored by Dr. Azhar Ahmad has been translated in the Chinese language by Sichuan University of China and accepted for publication in both, English and Chinese languages.

Open House Fall 2016

Open house was organized at Bahria University Lahore Campus on 5th June 2016, Prospective students visited the campus all day. BULC staff catered their queries and showed them around the campus. Students also took mock online admission test, due to be implemented for Fall 2016 admissions.

Faculty Training at BULC

As part of faculty training at Bahria University Lahore Campus, Dr. Rab Nawaz Lodhi was invited as the resource person for workshop on "Qualitative Data Analysis; using Nvivo 11" on 13 June 2016. The delivered a knowledgeable talk on subject which helped faculty members to increase their knowledge about the subject of discussion.

BULC Faculty and Staff Bids Farewell

BULC staff and faculty arranged a farewell party for Deputy Director Captain Illyas Ur Rehman Bhatti TI(M) at Gourmet Grill Restaurant on 23rd June 2016. Director Lahore Campus Cdre M Amjad Zaman SI(M) (Retd.) presented a souvenir to the deputy director on behalf of Bahria University.

Eid Milan Dinner

BULC staff and faculty got together on 18th July 2016 at Maisonette Roof Top Hotel for Eid Milan Dinner. All the faculty and staff members along with their family members were invited on this occasion.

PMP Training

BULC organized a number of short courses during summer 2016 under BU Leadership Development Center (BULDC). Mr. Ahad Nazir conducted PMP Training from 16th July 2016 to 7th August 2016. A certificate distribution ceremony was organized on 13th August 2016 where Director Lahore Campus Cdre (Retd.) M Amjad Zaman SI (M) distributed certificates among the participants.

Group Photo of PMP Training participants

Web Development Training

Mr. Taimoor Amer conducted Web Development Course from 18th to 22nd July 2016. A certificate distribution ceremony was organized on 26th August 2016 where Director Lahore Campus Cdre (Retd.) M Amjad Zaman SI (M) distributed certificates among the participants.

Seminar on Industry Academia Linkages

A seminar on the topic of Industry Academia Linkages was also organized under BULC on 1st August 2016 where Mr. Tahir Chaudhry of Pakistan Institute for Entrepreneurship was invited as the resource person. It was an informative session for faculty and staff of Bahria University Lahore Campus as they had some useful insight about bridging gap between academia and industry.

HEC delegation being briefed by Director Lahore Campus

HEC Visit of BULC

A team from HEC visited Bahria University Lahore Campus on 18th August 2016. They were given a briefing about the campus by Director Lahore Campus Cdre (Retd.) M Amjad Zaman SI(M). The team then toured around the campus and visited all the departments. It was successful visit overall for BULC.

Quality Enhancement Cell Training

QEC Training for BULC faculty was conducted on 19th August 2016 in Conference Room at BULC. Director Quality Assurance, Mr. Fazal Wahab conducted the training where he explained different aspects of Quality Enhancement and the work of Quality Assurance team.

Visit to Information Technology University, Arfa Kareem Tower Lahore

Bahria University, Lahore Campus visit to Arfa Kareem Tower

Department of Computer Science and IT visited Information Technology University on 26th August 2016. Students along with Mr. Farhan S Sherazi HOD CS&IT, Mr. Taimoor Aamer Chughtai Senior Lecturer and Ms. Fakhra Batool Lab Engineer visited Plan 9 and Plan 10 offices. Students also received briefings on working of Plan 9 and Plan 10 at Pakistan Information Technology Board. Group also visited Ebryx (Software House). and received career counseling session by Mr. Haroon Akhtar Manager Operations Ebryx.

Orientation of Newly Inducted Faculty

BULC recruited new faculty members in Fall 2016 semester. An orientation for the new faculty was held on 22nd August 2016. A training session on the topic of Teaching as Profession was also conducted on 29th August 2016 where Mr. Taimoor Amer trained the new faculty.

Maritime Gala at Maritime Museum

On the celebrations of World Environment & Ocean Day Bahria University Karachi Campus arranged a Maritime Gala at Pakistan Maritime Museum. On the occasion department of management sciences, department of computer & Software engineering, Institute of Professional Psychology and NCMPR set up their stalls. Student Resource Centre represented the BUKC at this event. A large number of people visited the stalls and had an interactive and informative talk with representatives of the departments.

Director BUKC visiting stalls at Maritime Gala

Ground Breaking Ceremony of IPP Block at BUKC

The Ground Breaking Ceremony of academic block for Institute of Professional Psychology (IPP) was held at Bahria University Karachi Campus on Wednesday 15th June 2016. Honorable Rector Bahria University, Vice Admiral (R) Tanveer Faiz HI(M) inaugurated the ceremony. On this auspicious occasion, honorable rector articulated that Bahria University incessantly strives to elevate education standards via diverse means, and this academic block has been projected to help the Institute of Professional Psychology in its expansion and development on the similar grounds. The purpose-built academic block for the Institute of Professional Psychology is intended to provide state-of-the-art infrastructure with prolific learning environment and ample space for the students. Equipped with high-tech facilities, the academic block will help in better dissemination of education and help raise the standard of learning environment at Bahria University.

Rector BU, Inaugurating IPP block at Karachi Campus

Active Citizen Program by British Council

Active Citizen Program Training was conducted by the facilitators of Bahria University Karachi campus, under the community support program from 22nd July till 1st August 2016,120 students took part in the training.

Distribution Ceremony PM Laptops

Second phase of Laptop Distribution Ceremony was organized at Bahria University Karachi Campus on Tuesday 19th May 2016. Professor Dr. Ghulam Raza Bhatti, member of Operations & Planning, Higher Education Commission of Pakistan graced the ceremony as the Guest of Honor along with Director General Karachi Campus Vice Admiral (R) Khawaja Ghazanfar Hussain HI(M). During the ceremony, laptops were awarded to the eligible students from MS/M.Phil, Ph.D, Masters and Undergraduate Programs.

Farewell Ceremony for outgoing Pro Rector BU at BUKC

DG, Karachi Campus presenting souvenir to outgoing Pro Rector BU

Group photo of BUKC officers with outgoing Pro Rector BU

Director General (KC) Vice Admiral (R) Khawaja Ghazanfar Hussain HI (M) along with Director (KC), Director NCMPR and Director IPP arranged farewell ceremony in the honor of outgoing Pro Rector Bahria University, Rear Admiral(R)Saleem Akhtar HI(M). The ceremony was also attended by HoDs and BUOs. Before the ceremony concluded, DG (KC) presented souvenir to outgoing Pro Rector.

Blood Donation Drive at BUM & DC

Bahria University Medical & Dental College (BUMDC) in collaboration with Hussani Hematology and Oncology Trust, blood bank organized a Blood Donation Drive at BUMDC Campus.

Director General, Bahria University Medical & Dental College (BUMDC), Vice Admiral (Retd.) Tehseenullah Khan HI (M), Dean Health Sciences and Principal (BUMDC) Brig. (Retd.) Prof. Dr. Shaheen Moin, and Faculty Members graced the occasion with their presence. At the inauguration of this Blood Donation drive Dr. Jaffari, Managing Director of Hussaini Hematology and Oncology Trust, briefed the participants about blood donation drive and objective of his organization. Faculty members, staff and students participated in this drive with great zeal and 131 points were collected at the end of the day. Bahria Medics extended their gratitude all the faculty members, students and staff member who participated in this campaign by voluntarily donated blood for the sake of humanity. Bahria Medics are also applauded the Director General and Principal of BUMDC for their kind support to this noble cause which provided future doctors with an opportunity of character building and realizing importance of humanitarian activities.

DG BUM & DC and Principal visiting Blood Donation Drive campaign at campus

Visit to Darul Sakun and Edhi Home

A Good doctor is the one who is a good human being therefore it is necessary to get in touch with those institutions where human being matters. For this enterprise BUMDC frequently arranges visits for their students to different NGOs so that they could spend time with needy, homeless and sick people who, being human, needed some space in our society. This time BUMDC arranged visits to Darulsakun and Edhi homes, Old age homes for homeless. Students were very happy to spend some time with residents of these Old age home. These visits proved to be very constructive for students who leaned the real suffering of the society in general and old people in particular.

Pharmacology Students' Activity 2016

Department of Pharmacology BUMDC organized "Students' activity 2016" for the 5th consecutive year, since 2012. This activity was organized for the students of MBBS Third year and BDS Second Year, with an objective to utilize conventional as well as modern teaching techniques to teach students. Director General BUMDC Vice Admiral (Retd) Tahseen Ullah Khan HI (M), graced the occasion as chief guest. Principal and Dean Health Sciences Prof. Dr. Shaheen Moin, Principal Dental Section Prof. Dr. Zubair Ahmed Abbasi , faculty members and students attended the event.

"Students' Activity 2016" was comprised of a quiz competition and an exhibition on the theme "Pharmacokinetics and Pharmacodynamics". Animations, video lectures and news update galleries were the part of this exhibition. Amongst the competing teams in quiz "Team C" (Sharmeen, Sara Rabbani, Sara Riaz, Sana Sainch and Najam-us-Sahar) were the winner and were awarded with a trophy and medals. Coupled with this Shield of "Outstanding Student Performance" was awarded to Ali Usman (3rd year MBBS). Director General and Principal BUMDC appreciated the leadership of Prof. Dr. Nasim Karim, HOD Pharmacology and praised the efforts of entire team. At the concluding session of this event mementos were presented to Director General, Principal BUMDC and Principal Dental Section.

Memento being presented to DG BUM & DC

Membership Awarded

Prof. Dr. Nasim Karim, has secured the Membership (Clinical Pharmacology) in Faculty of Basic Medical Sciences at College of Physicians and Surgeons Pakistan (CPSP) for a period of two years from April 5, 2016 onwards. She is the Head of Department of Pharmacology, Bahria University Medical & Dental College.

Award for the Article

"Conventional clinical and prognostic variables in 150 oral squamous cell carcinoma cases from the indigenous population of Karachi"

Prof. Dr. M. Mohiuddin Alamgir (Head Department of Pathology, BUMDC, Karachi.) got published his paper titled "Conventional clinical and prognostic variables in 150 oral squamous cell carcinoma cases from the indigenous population of Karachi" in Pakistan Journal of Medical Sciences. He won the first prize for original paper presentation on the occasion of "The International Conference On Translational Medicine " held from Feb 01 to Feb 03, 2016 Organized by European Society of Translational Medicine and Ziauddin University, Karachi. Other Competing Institutes included; (i).The Aga Khan University Karachi (ii) Max Planck Inst. of Biophysical Chem., Germany (iii).Karachi Inst. of Biotech. & Genetic Eng. (KIBGE), KU (iv)Dr Panjawani Centre for Mol. Med. & Drug Res., KU (v).HEJ Research Institute, KU (vi).Dow Univ. of Health Sci., Karachi (vii).Ziauddin Univesity, Karachi (viii).Jinnah Sind Medical Univ., Karachi

Training Workshop on "Eidetic Therapy"

The Institute of Professional Psychology, Bahria University, Karachi Campus arranged a three day training workshop on Eidetic Therapy. The resource person for the workshop was Akhter Ali Syed who is the Principal Clinical Psychologist at Brothers of Charity Services, Waterford, Ireland. The training was conducted from August 8th to August 10th 2016.

Dr. Akhtar Ali Syed presenting his talk in workshop at BUKC

The first day of the workshop was a philosophical and historical background to the development of the Eidetic Therapy model. The second and third days revolved around the theoretical understanding and demonstrative sessions of the model. The sessions were very interactive and the presentor indicated the feasibility and application of the model not just in regards to the academic or clinical application but also its socio-political application.

The participants actively engaged in the workshop and felt that its practical nature made them feel connected. The interventions that were demonstrated were applicable at a clinical as well as at a personal level. The participants also communicated their enthusiasm by communicating that they would like further trainings to be held of the same model and would like for this to become part of the postgraduate coursework.

Workshop on "Coping with Stress at Workplace"

On August 12th 2016, Institute of Professional Psychology, Bahria University, Karachi Campus conducted a workshop on "Coping with Stress at Workplace". Director IPP Prof. Dr. Zainab F. Zadeh, and Lecturer Ms. Naima Fatima Shariff addressed the session.

The workshop focused on what stress is all about and what are the causes for this. It focused on the symptoms that are caused by stress at workplace and daily life. Participants were asked to share their stressors and the symptoms they feel. The facilitator conducted a role play with a volunteer to explain an intervention. They also asked to fill out a questionnaire which helped them in knowing their stress level. The facilitators then gave some tips as to how we can reduce our stress levels ending it with a relaxation exercise.

The participants actively engaged in the workshop and felt that its practical nature made them feel connected. The interventions that were demonstrated were applicable at workplace as well as at a personal level. The participants also communicated their enthusiasm by communicating that they would like to have further trainings like these and will apply this in their daily life issues.

Life Happens

The Institute of Professional Psychology, Bahria University, Karachi Campus conducted a workshop titled, Life Happens. The workshop was conducted on August 23rd 2016 by Prof. Dr. Zainab F. Zadeh, Director IPP and Dr. Kiran Bashir Ahmad, Assistant Professor IPP.

The workshop focused on happenings in life and how we can manage and balance our life. Balance between work and life was also discussed. It was also discussed how our support systems can help us leading it to the relaxation exercise in the end.

The participants actively engaged in the workshop and felt that its practical nature made them feel connected. The interventions that were demonstrated were applicable at workplace as well as at a personal level. The participants also communicated their enthusiasm by communicating that they would like to have further trainings like these especially relating to work life.

Short Course and Internship

A month long summer course titled "Basic Counselling and Assessment Skills for Emerging Mental Health Practitioners" was offered at the Institute of Professional Psychology under the supervision of Ms. Naima Fatima Shariff. The aim of the course was to enhance the skills of amateur mental health practitioners by providing them with practical experience of the field.

The focus of the program was to get participants acquainted with the various approaches of counselling and utilized different methods to help participants in developing the key skills to become effective counsellors. It provided participants with an understanding of the key principles of the ethical use of counselling and assessment in professional settings.

Visit

The Summer Internees at The Institute of Professional Psychology, under the supervision of Ms. Naima Fatima Shariff visited Sir Cowasjee Jehangir Institute of Psychiatry, Hyderabad as part of their internship course. This visit provided the students an exposure to an in-patient psychiatric set-up and gave them an opportunity to interact with clients suffering from various intellectual and psychiatric problems.

Guest Speaker Lectures

Prof. Dr. Zainab F. Zadeh and Ms. Naima Fatima Shariff gave awareness lectures on Scope of Psychology in Pakistan to students of various colleges and universities of Karachi. The seminar titled “Scope of Psychology” was held on July 30, 2016.

Papers Presented And Accepted

- Ms. Naima Fatima Shariff and Prof. Dr. Zainab F. Zadeh's abstract titled 'Efficacy of Positive Psychology Interventions on the Subjective Well-being of Orphaned Females' has been accepted for Oral Presentation at the ICEEPSY International Conference on Education & Educational Psychology to be held at Rhodes, Greece from 11-15 October 2016

- Ms. Hina Hameed and Dr. Zainab Hussain Bhutto's paper, titled The Impact of Marital Status at the Time of Attack Among Female Acid Attack Survivors, accepted for poster presentation at the 6th International Conference 'Psychology of Gender in Perspective' at National Institute of Psychology, Quaid e Azam University, Islamabad, to be held on 3-4/11/2016

- Sheza Farooq, Dr. Kiran Bashir Ahmad 's paper titled, Life Satisfaction of Young Adults in Nuclear and Joint Families, accepted for oral presentation at the 6th International Conference 'Psychology of Gender in Perspective' at National Institute of Psychology, Quaid e Azam University, Islamabad, to be held on 3-4/11/2016

- Tayyiba Amjad, Dr. Kiran Bashir Ahmad and Anila.'s paper titled, Bullying, Victimization and Depression among Male and Female Adolescents accepted for oral presentation at the 6th International Conference 'Psychology of Gender in Perspective' at National Institute of Psychology, Quaid e Azam University, Islamabad, to be held on 3-4/11/2016

- Sara Ismail, Urooj Shams and Dr. Kiran Bashir Ahmad's paper titled, Understanding Gender Differences in Age Discrepancy and Marital Satisfaction among Middle Class Couples accepted for oral presentation at the 6th International Conference 'Psychology of Gender in Perspective' at National Institute of Psychology, Quaid e Azam University, Islamabad, to be held on 3-4/11/2016

Oral Presentations

- **Grief and Coping Strategies in Young Adults** by Zahra Hussain, Muniba Sajid, Anum Zulfiqar and Dr. Kiran Bashir Ahmad presented at the 8th National Symposium on Depression held on 20 Aug 16.

- **Ambulance Driving Experience and Psychological Well Being in Ambulance Drivers of Karachi** by Nirmala Devi and Dr. Kiran Bashir Ahmad presented at the 15th Annual Conference of Psychology organized by Department of Psychology, University of Peshawar and Pakistan Psychological Association in collaboration with Higher Education Commission. The conference was held between 25th to 28th of August 2016.

- **Exposure to Community Violence and Psychological Well Being in Adolescents** by Rida Amna, Dr. Kiran Bashir Ahmad, Aqla Marium, Hira Iqbal and Sidra Ashraf presented at the 15th Annual Conference of Psychology organized by Department of Psychology, University of Peshawar and Pakistan Psychological Association in collaboration with Higher Education Commission. The conference was held between 25th to 28th of August 2016.

New Faculty Induction

Dr. Tahira Yousuf

The Institute of Professional Psychology welcomed two newly inducted members in their permanent faculty. Dr. Tahira Yousuf has been appointed as Senior Assistant Professor while Ms. Zainab Siddiqui as Senior Lecturer.

Dr. Tahira Yousuf attended the course organized by Bahria University titled Newly Inducted Faculty Training Program held from the 25th of August till the 2nd of September 2016.

MS. Zainab Siddiqui

World Oceans Day 2016

DG NCMPR Vice Admiral (R) Khawaja Ghazanfar Hussain Presenting Souvenir to Dr. Samina Kidwai

NCMPR celebrated World Oceans Day on 3rd June 10, 2016. The theme of the WOD 2016 was Healthy Oceans, Healthy Planet. Dr. Samina Kidwai, Senior Research Scientist of the National Institute of Oceanography (NIO) addressed the audience on the theme and the significance of the day. A photography contest was also arranged on the occasion in which students from various Universities and Higher Institutions participated and prizes were distributed among the winners. The event was attended by various prominent dignitaries, Naval Officers, Government Officials, Marine Scientists, Intellectuals, Researchers, representative of fisherman from Sind and Baluchistan.

Guest Lecture and Ifftar Dinner

Former CNS Admiral (Retd) Shahid Karimullah Presenting Souvenir to MS. Maria Sultan

On July 01, 2016 NCMPR in collaboration with HQ COMPAK organised a lecture on "NSG and its membership criteria- In case of Pakistan". Renowned defense analyst and Director General, South Asian Strategic Stability Institute (SASSI), MS. Maria Sultan addressed the participants on the theme. Former Chief of Naval Staff Admiral (Retd) Shahid Karimullah Nishan-e-Imtiaz (Military), Sitar-e-Jurat graced the occasion as the Chief Guest. The lecture was attended by Naval Officers and Faculty members of BUKC & NCMPR. Admiral Karimullah presented souvenir to the guest speaker MS. Maria Sultan. The lecture was followed by an Ifftar cum Dinner at BUKC.

Training Workshop
"Applicable Taxes on Freight Forwarders"

NCMPR in collaboration with PIFAA organized one day training workshop on "Applicable Taxes on Freight Forwarders". This was held on June 04, 2016 and was attended by students of NCMPR. Objective of this workshop was to create awareness regarding taxation applicable for freight forwarders in maritime industry.

Short Course on "Incoterm 2010"

On July 16, 2016 NCMPR academic division and PIFFA jointly organized a short course on "INCOTERM 2010". This course was attended by professional from freight forwarding industry, BU Personnel and NCMPR students.

Library Staff of BUKC, IPP and NCMPR Attended "KOHA TRAINING"

A comprehensive training/workshop of open source library software "KOHA" organized by Department of Library and Information Science University of Karachi from 5th August to 10th September 2016. Large number of professional Librarians from different institutions/organizations attended the workshop. The trainer was Mr. Waseem Zia (Asst. Professor) at Karachi University, specialist in Library Software.

Ms. Farhat Jabeen (Librrian), Faheem Anwar (Asst. Librarian), from BUKC, Ms. Sana Rahim (Library Incharge, IPP) and Mr. Syed Muhammad Saad (Library Incharge, NCMPR) successfully completed the training and awarded the certificates by Chief Librarian Karachi University Ms. Malahat Kaleem.

PLA Annual Conference Attended by Librarian BUKC

Pakistan Library Association (PLA) held its annual conference on dated 5th - 6th September 2016 at National Library of Pakistan, Islamabad. The theme of the Conference was "ODYSSEY FROM C-TABLET TO E-TABLETS AND BEYOND". Ms. Farhat Jabeen, Librarian BUKC attended the conference and represented Bahria University Karachi Campus among the large number of Professional Librarians all over the Pakistan

HEC Team Visited Library BUKC

Higher Education Commission (HEC) team comprised on three members Mr. Munir Ahmed (Deputy Director QAA), Mr. Rahim Baksh Channa (Ex DG, Assestation HEC Reviewer) and Prof. Dr. Riaz Ahmed (DQA, Arid Agriculture University), HEC Reviewer visited Library on 17th August 2016. Ms Farhat Jabeen (Librarian) welcomed the team members and briefed them about the collection, facilities and services of the library. Afterwards, the team visited different sections of the Library and appraised the Library resources and services.

HEC team being briefed by Director BUKC and Library Staff

LIBRARY Team BUKC, IPP & NCMPR visited IBA & Habib University

Library team of BUKC, IPP and NCMPR visited IBA & Habib University Libraries for review of collection, services and infrastructure. Visits are source of learning. Through these visits we exchange new ideas with their staff members during meaning full discussion regarding new research and trends in libraries.

Summary of Internal & External Scholarships awarded at Bahria University during FY 2015-2016

S.No.	Types of External Scholarships	Number of Students & Amount	
		2015-16	
		Number of students	Amount in million (Rs)
1	Bahria University Merit Scholarship	404	10.557
2	BU Financial Assistance Scholarship	784	16.113
3	BU Indigent Scholarship	49	1.173
4	Advance Merit Scholarship -05 New categories	280	6.107
	Total of Internal Scholarships	**1517**	**33.95**
5	Punjab Education Endowment Fund (PEEF)	87	10.493
6	National ICT R& D Fund- Ministry of IT, Pakistan	22	6.728
7	HEC Need Based Scholarship	105	7.95
8	HEC Indigenous 5000 Fellowship Program	9	5.748
9	HEC-Provision of Higher Education opportunities for the students of Balochistan & FATA	4	0.525
10	NTS Need Based Scholarship	7	0.305
11	HEC-Prime Minister Fee Reimbursement Schee for less developed areas of Pakistan (selected regions)	13	1.501
12	Provincial Workers welfare Boards	4	1.404
	Total of External Scholarship	**251**	**34.654**
-	**GRAND TOTAL of Internal & external Scholarships**	**1768**	**68.604**

Meet our Star Alumni

Qasim Awan

Regional Director Sales
& Distribution Telenor.

A Sales Management Professional Expert and greatly accomplished leader with flawless track record in the fields of sales distribution and planning, Qasim Awan is Regional Director Sales and Distribution at Telenor. In his career what he achieved is with sheer dedication and hard work during his studies at Bahria University and in professional world. With his vast knowledge in his field he became a source of inspiration for many of his colleagues and students.

Austin Ismat

Joint Director
State Bank of Pakistan

14 years experience in International FX and Money Markets, Fixed Income & stock valuation, Austin Ismat is a Graduate of Bahria University. He is currently working in State Bank of Pakistan as Joint Director. He has been involved in formulation of investment strategy for International Portfolios at Central Bank with special focus on reserve management priorities and targets. The exposure to private and public sectors has been extremely enriching and this all makes him even more enthusiastic to reach higher ground, in terms of professional excellence.

BAHRIA UNIVERSITY
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PAKISTAN